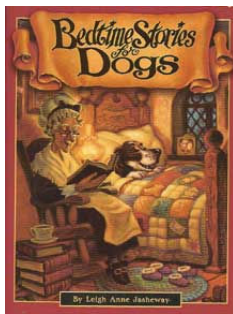
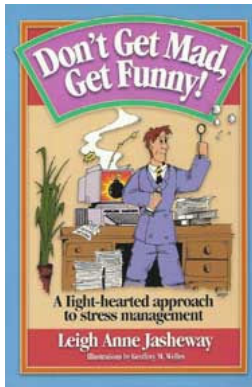


# Leigh Anne Jasheway-Bryant, M. P.H.



## Speaker

- Leigh Anne is a motivational speaker and stand-up comic who speaks at 40-60 conferences and workshops and performs at more than 30 shows a year.
- To date, more than one-quarter million people have seen her presentations.
- Topics: humor, fun, joyful and positive living, stress management, aging, embracing change, leadership.
- Leigh Anne has a masters degree in public health, is an expert in stress management, and has been a stand-up comic for fifteen years.



## Author

- Leigh Anne has 15 published books, including *Don't Get Mad, Get Funny: A Light-hearted Approach to Stress Management* (sales 9,418, received an award of merit for the Midwest Independent Publishers' Association), *Bedtime Stories for Dogs* (sales 68,960), *Bedtime Stories for Cats* (sales 37,665), *Yoga for Your Funny Bone* (winner 2007 AATH Award), and *I'm Not Getting Older, I'm Getting Better at Denial* (sales 3,790).
- Regular columnist for Quirkee.com, PassionateforLife.com, and MatureResources.org.
- Was a regular columnist for Family Circle for eight years and for Comic News for nine years.
- Published in over a dozen major national magazines.
- Work published in over twenty anthologies, including Marlo Thomas' *The Right Words at the Right Time 2*.
- Has won numerous writing awards, including the 2003 Erma Bombeck Humor Writing Competition, the 2004 Humor in Food Writing Competition, and 2<sup>nd</sup> Place in the Mona Schreiber Humorous Fiction Contest.

## Media

- Leigh Anne hosted her own radio program, Women Under the Influence of Laughter on KOPT 1600 AM for a year in 2006-2007.
- She has appeared on dozens of television programs, including The Leeza Gibbons show, and hundreds of radio shows.

## Internet

- Leigh Anne's website, [www.accidentalcomic.com](http://www.accidentalcomic.com), contains podcasts and links to her blog, [www.laughwithme.typepad.com](http://www.laughwithme.typepad.com).
- Interviews with her and her writing appear on hundreds of websites.